

International Long COVID Awareness Day

15 March

Symptoms of Long COVID include:

**Extreme Fatigue | Cognitive Impairment | Joint Pain | Rashes
Orthostatic Intolerance | heart palpitations | Mood Changes
Hoarse voice | Muscle Pain | Anosmia (loss of smell)
Ageusia (loss of taste) | Shortness of breath | GI difficulties
Headache | Confusion | Sleep Difficulties and 150+ more**

**People with Long
COVID are fighting
for better health
care and income
support.**

**We need your support to raise awareness about the long-lasting
effects of COVID-19. Let's ensure that everybody wakes up to the
reality of Long COVID.**

#WakeUpToLongCovid

*** Scan this QR code for more information about our mission**



Long COVID
Support Australia